

The 24 RAC | A Typical Day

- We wake up at 6 a.m.
- We get ourselves ready.
 - We check our bikes for flats.
 - Please keep the restrooms clean.
 - Volunteers have to clean up if you don't.
 - We might not get invited back if we leave a mess.
- We take down our tents, pack up our stuff, and take it to the truck.
- We fill up our water bottle at the water source (hose)
- We fill up our Gatorade bottle at the luggage truck.
- Chase and Youth Support meet with Sabine at 7:30 a.m. at the truck.
- We have breakfast.
- **We leave camp at 8 a.m.**
- We typically have a snack stop, a lunch stop, and - on long days- another snack stop.
- Sometimes we regroup, and sometimes we don't.
- Chase cars stop along the route every few miles or so; they carry water, Gatorade, basic first aid supplies, and a bike pump.
- After we reach camp, we retrieve our luggage from the truck and set up your tent.
- If our bike has issues, we alert Bob right away (and not at 7:55 am the next morning).
- We
 - help other people set up their tents
 - help unload the Penske
 - or cheer on those riders who are coming in after us. It's great fun.
- Dinner is around 6 pm unless otherwise posted. We receive wristbands.
- We go to the meeting at 8 pm.
- We stay for Dennis' "Ghost Stories by the Campfire."
- We go to bed because we are tired.

